

Is improving rapidly. Appetite very good. Still a trace of albumen in urine.

November 1st.—Patient is up all day and runs about the ward. His gait is very ataxic, but he can stand up with eyes shut.

15th.—Runs about with ease, legs much stronger and gait more natural. Has an excellent appetite and is in good health.

Royal British Nurses' Association.

(Incorporated by Royal Charter.)



A MEETING of the Registration Board was held on Friday, the 22nd inst., at the Offices of the Association, at 6 p.m., Mr. John Laigton, the Treasurer, in the chair, when seventeen applications for Registration were considered, and the following Nurses were accepted, and their names enrolled on the Register.

Name.	Trained at.
Basan, Julia St. Bartholomew's Hospital, and Fountain Fever Hospital.
Blake, Kathleen Bootle Hospital (cert.).
Dawes, Charlotte B. Royal Infirmary, Bristol (cert.).
Downey, Eleanor Royal Infirmary, Manchester (cert.).
Grey, Charlotte Sussex County Hospital, Brighton (cert.).
Howarth, Helen Royal Infirmary, Manchester (cert.).
Johnson, Susan Dr. Steeven's Hospital, Dublin (cert.).
Machine, Charlotte Stockport Infirmary (cert.).
Meyer, Alma St. George's Hospital.
Neill, Grace St. John's House (cert.).
	(Assistant Inspector of Hospitals, New Zealand.)
Norman, Adelaide M.	General Hosp., Birmingham (cert.).
Richardson, Annie T.	London Temperance Hospital (cert.).
Scott, Katherine Sussex County Hospital, Brighton (Matron, Hove Cottage Hospital.) [(cert.).]
Snape, Edith A. St. Bartholomew's Hospital (cert.).
Stanley, Florence St. Bartholomew's Hospital (cert.).

The Annual Conversazione of the Association will be held at the Institute of Painters in Oil Colours, Piccadilly, on Monday, December 9th, at 8.30 p.m. Mrs. Bancroft, Miss Genevieve Ward, and other well-known artistes have consented to give their services. The Ladies' Mandoline and Guitar Band will perform during the evening.

The members are greatly indebted to the Entertainments Sub-Committee, with Dr. Percival White at its head, for the immense trouble they have taken in organising the Conversazione. We feel sure that this gathering, at which it is so delightful to meet so many old friends, will be largely attended, and maintain the high measure of success to which "our Conversazione" has always attained.

LECTURE BY DR. LOUIS PARKES.

THE first lecture of the session took place on Friday, the 22nd inst., at 8 p.m., at the offices of the Association, when Dr. Louis Parkes gave a lecture on "The Importance of Breathing Fresh Air."

The lecture was exceedingly interesting and highly appreciated by the audience. The value to the Nurses of hearing the views of so distinguished an expert on this important subject can hardly be over-estimated,

and we are sure they feel much indebted to Dr. Parkes for so kindly sparing them an evening out of his busy life. In his opening remarks, Dr. Parkes alluded to some of the chief laws governing the physical constitution of the atmosphere, and gave a short description of the human respiratory apparatus. The large quantity of air that daily passes through the lungs of an individual, even when at rest, was pointed out, and in consequence the serious effect that was likely to be produced upon the health of the individual by any change, however small, in the normal constituents of air. The presence of microbes of various kinds in the air we breathe was shown to be worthy of careful study, and the opinion was expressed that the great bulk of the suspended matters, including microbes, found in air did not actually reach the air-cells of the lungs, as it was highly probable that these matters adhered to the mucous linings of the air-passages leading to the lungs. The nasal cavities were described as very effective filters for the removal of dust from the air to be breathed, and the practice of habitually breathing through the nose was commended, even during active exercise. The lecturer next alluded to the avoidance of chills from the use of improper clothing of the chest, and strongly advocated the use of exercises in the open air which exert the muscles of the chest and back, and cause development of the thorax. In respect to the ventilation of rooms, the wide opening of windows when the room is unoccupied was insisted upon as being necessary to get rid of the organic matters given off by living beings—such matters being especially liable to cling to the walls and furniture of the apartment. The amount of floor and cubic space that should be allotted to each individual in a room was next the subject of explanation, and the lecturer gave it as his opinion that good health could not be maintained unless the cubic space was at least 500 feet and the floor space about 50 square feet per head. For sick persons, and especially for hospital patients, the cubic and floor space should be at least double these amounts, as it had been abundantly proved that ample ventilation was necessary for recovery from disease, and was in fact a most important accessory to medical treatment and skilled nursing.

Appointments.

MISS EDITH OLPHERT has been appointed Matron of the Royal Eye Infirmary at Plymouth. She was trained at the South Devon and East Cornwall Hospital, Plymouth, and held the positions of Sister and night Sister for five years, so that she has well earned her promotion to the position of Matron. Miss Olphert is a member of the Royal British Nurses' Association and a Registered Nurse.

Miss Martha Greening has been appointed Matron of Trimmer's Cottage Hospital, Farnham, Surrey. She was trained at the Evelina Hospital for Children, where she worked for nine years, later she held the position of Head Nurse at the Guest Hospital, Dudley, for three years, and has also been Sister of a male accident and surgical division at the General Hospital, Nottingham; so that her great experience will doubtless prove most valuable in performing the duties in connection with her new post.

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